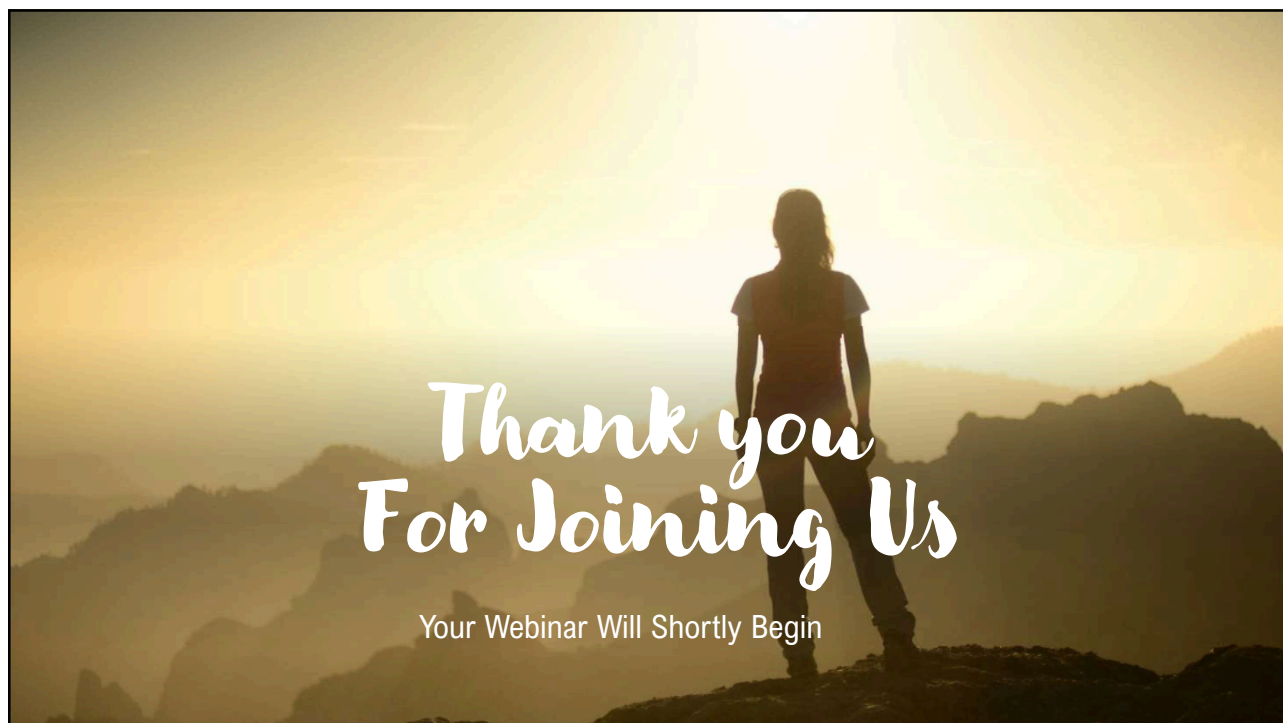




1

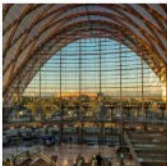





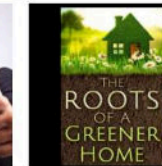






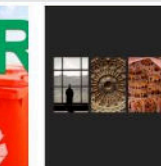


2



## SUSTAINABILITY | EDUCATION | EMPOWERMENT

3

 <p>Breaking Ground: The Future of Green Building- 15 CE Hours Series</p> <p>\$199.00</p>	 <p>Orange is the New Green: Biophilic Design for Prisons</p> <p>\$49.00</p>	 <p>WELLpedia: Understanding the Ins and Outs of the WELL Rating System</p> <p>\$99.00</p>	 <p>Step Inside the top 10 Green Buildings of 2016: AIA COTE Top 10</p> <p>\$99.00</p>	 <p>WELL AP Exam Prep Study Guide Package</p> <p>\$99.00</p>	 <p>GBRI Learning Hub Subscription</p> <p>From: \$19.99 / month</p>	 <p>The Roots of a Greener Home - CE Version</p> <p>\$149.00-\$199.00</p>
● ● ●						
 <p>Howdy BREEAM: Welcome to America</p> <p>\$49.00</p>	 <p>The Big 5: Tech lions competing within the Sustainability territory!</p> <p>\$49.00</p>	 <p>21 Things You Should Know About LEED v4</p> <p>\$49.00</p>	 <p>Daylighting</p> <p>\$49.00</p>	 <p>Building Energy Performance: Show me the Numbers</p> <p>\$49.00</p>	 <p>Zero Waste: Is it possible and how did Google, Microsoft and Walmart do it?</p> <p>\$49.00</p>	 <p>Biophilic Design: A Truly Sustainable Solution</p> <p>\$49.00</p>

4

Sustainability Consulting: What, How and Lessons Learned \$49.00

Transforming our world: the 2030 Agenda for Sustainable Development \$49.00

The Paris Agreement: Is it an Overly Optimistic Pledge? \$49.00

The Automobile Industry's role in reducing global warming and climate change \$49.00

Lo estoy haciendo WELL? ¿Y usted? \$49.00

Sustainability in the Arab World \$49.00

Vroom: Does the Automobile Industry have permanent grease stains on its "green hands?" \$49.00

LEED EXAM PREPARATION

v4 Online Modules \$0-\$199.00

In-Person LEED Exam Prep - Doha, Qatar \$450.00

All-Inclusive LEED v4 Green Associate Exam Prep \$199.00

In-Person LEED Green Associate Exam Prep - West Los Angeles, Oakland & Palm Springs, CA \$399.00

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5

**The GBRI Factor** Supporting Our Communities during COVID-19

6



**GBRI Announces COVID-19 Financial Relief Scholarship for Students & Professionals From Around the World**

30% Scholarship	50% Scholarship	100% Scholarship
<p>Use code <b>SCHOLARSHIP30</b> during checkout to automatically reduce your out-of-pocket Exam Prep cost by 30%! Simply enter code <b>SCHOLARSHIP30</b> into the coupon code box of your cart.</p>	<p>Use code <b>SCHOLARSHIP50</b> during checkout to automatically reduce your out-of-pocket CE or Exam Prep cost by 50%! Simply enter code <b>SCHOLARSHIP50</b> into the coupon code box of your cart.</p>	<p>Use code <b>SCHOLARSHIP100</b> during checkout to automatically reduce your out-of-pocket Exam Prep cost by 100%! Simply enter code <b>SCHOLARSHIP100</b> into the coupon code box of your cart.</p>

**Learn More: [www.gbrionline.org/scholarship/](http://www.gbrionline.org/scholarship/)**

7



# The HVAC Factor

*Protecting Indoor Spaces from COVID-19*

8

# CE Approval & Reporting

1 LEED & WELL General Hour | HSW LU

- Complete quiz for CE credit
- Certificates will be issued immediately after you pass the quiz.
- CE hours will be reported within 72 hours of quiz completion.

9

## Course Presenter



- Director of Project Controls, MTA New York City
- President & Dir. of Sustainability at GBRI
- President, i-believe.org
- Guest Faculty at Cooper Union Engineering School, NY
- WELL Faculty
- Fitwel Ambassador

Jeslin Varghese, LEED AP, WELL AP

10

# Course Objectives

- Understand the role of social interactions in the spread of COVID-19
- Understand the role of HVAC in creating an ambient IEQ
- Analyze the role of HVAC in the context of COVID 19
- Learn HVAC Operation Strategies to prevent transmission of respiratory diseases

11

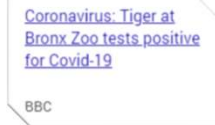


12

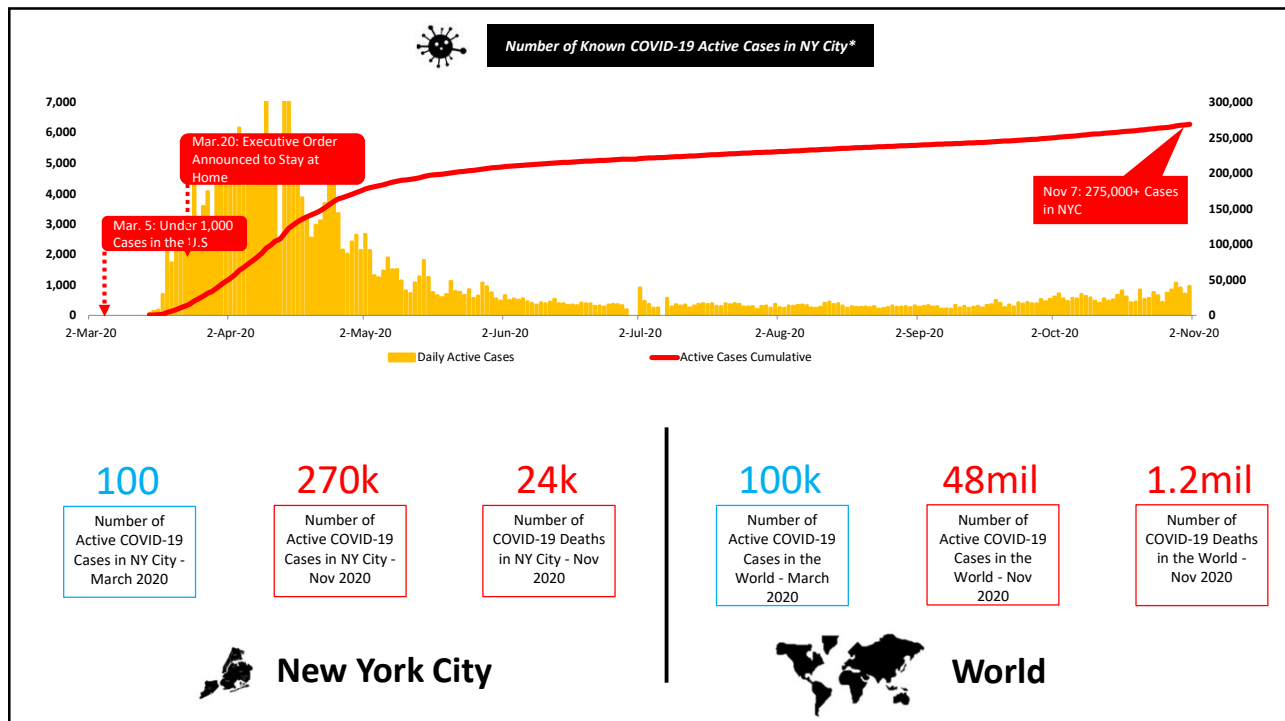
Covid-19 is a new disease and there is **limited information** regarding risk factors for severe disease

**CDC** Centers for Disease Control and Prevention  
 CDC 24/7: Saving Lives. Protecting People™

**NOT TRUE ANYMORE!**



13



14



15



16



Spanish flu - Wikipedia  
en.wikipedia.org

Amid 1918 Flu Pandemic, America ...  
history.com

History of 1918 Flu Pandemic | Pandemic...  
cdc.gov

black weddings: what the 1918 flu...  
thequintan.com

Health After the 1918 Flu...  
time.com

Spanish flu: How it compares to Covid...  
vox.com

The story of the 1918 flu pandemic...  
youtube.com

Lesson from the 1918 Influenza Pa...  
medium.com

H1N1 virus | Pandemic Influenza (Flu...  
cdc.gov

Coronavirus and the Spani...  
vo.com

Influenza pandemic of 1918-19 |...  
britannica.com

Pandemic Shutdowns Actually Helped...  
bloomberg.com

What t...  
theque...

**1918 Flu**

**500,000** Americans 🇺🇸 | **50-100 Million** Worldwide 🌍

17

# Plane Tracker

Search

Map view (default)

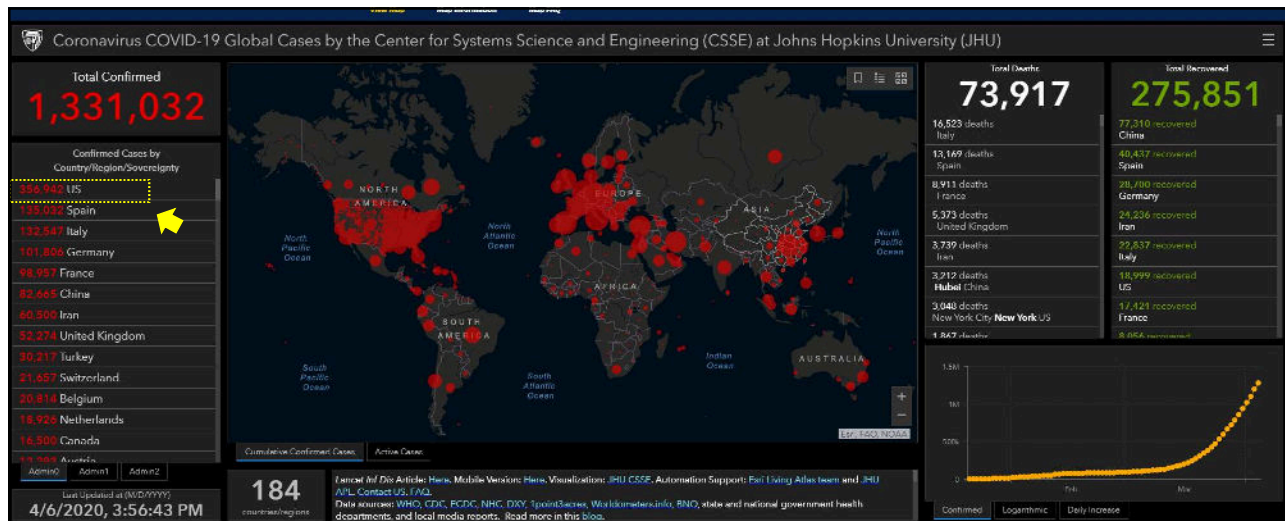
United States

18



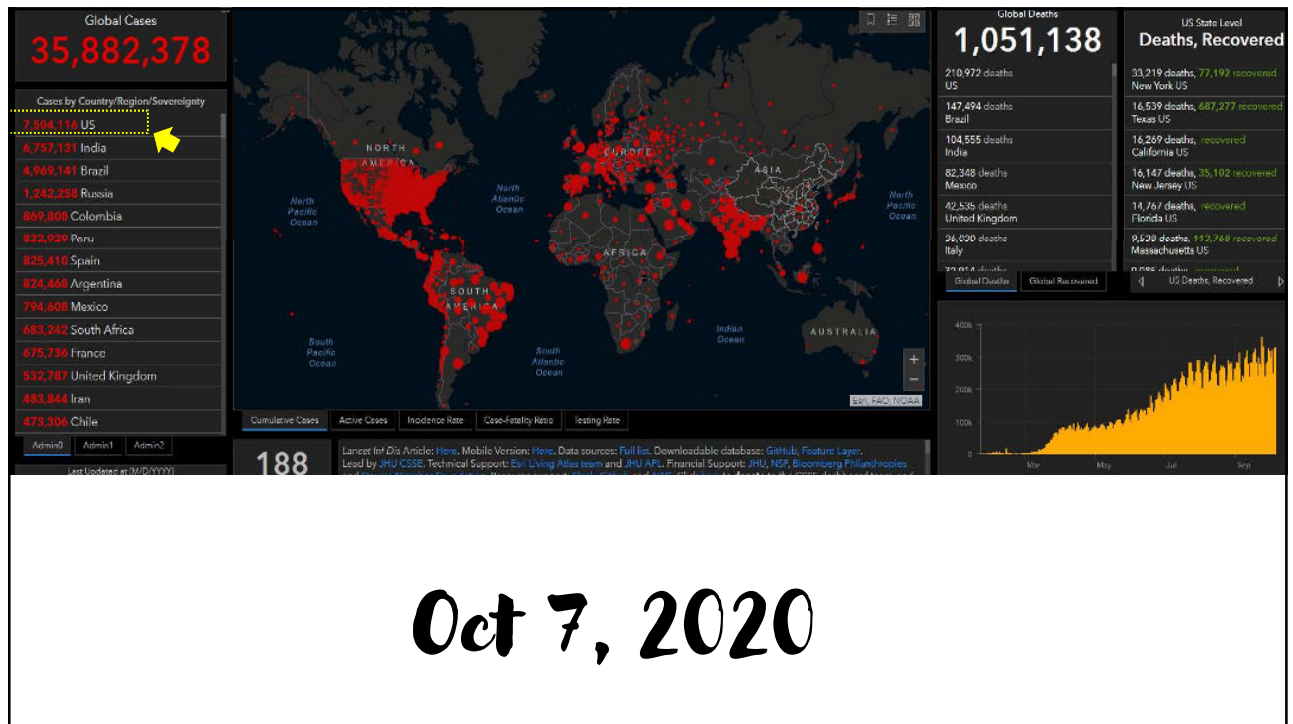
March 9, 2020

19

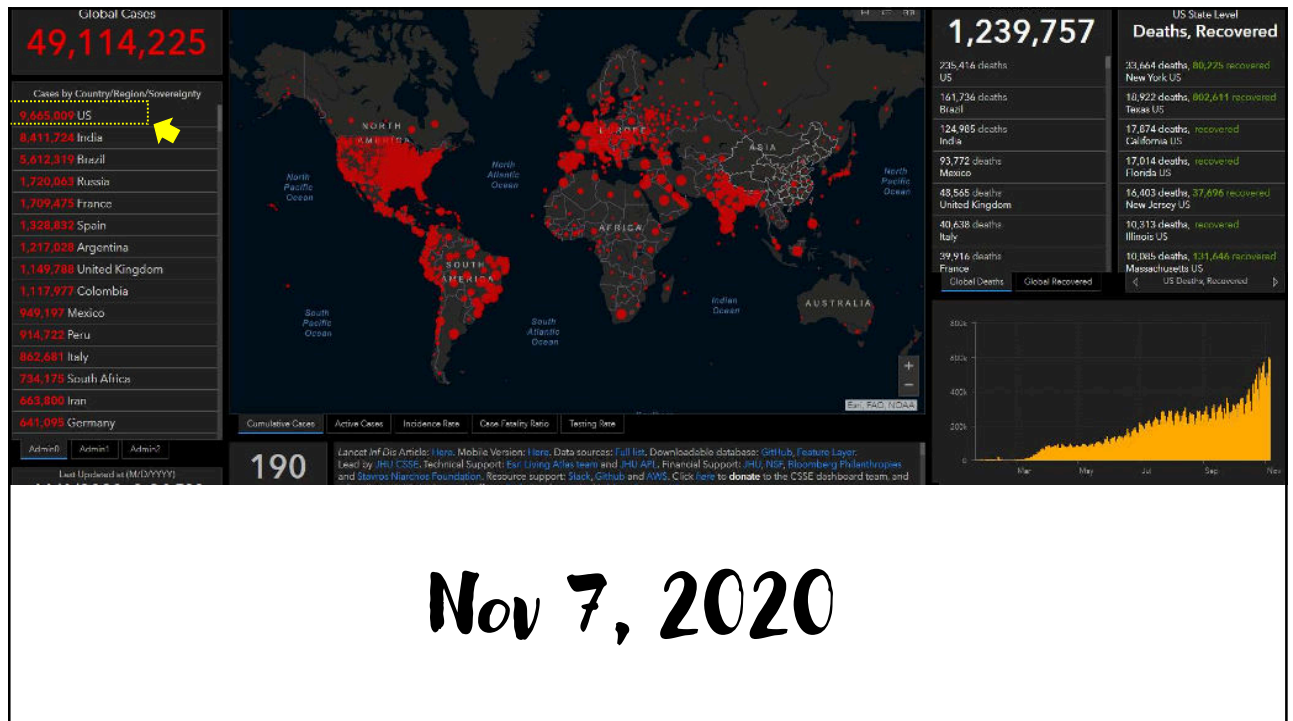


April 6, 2020

20



21



22

# Social Distancing

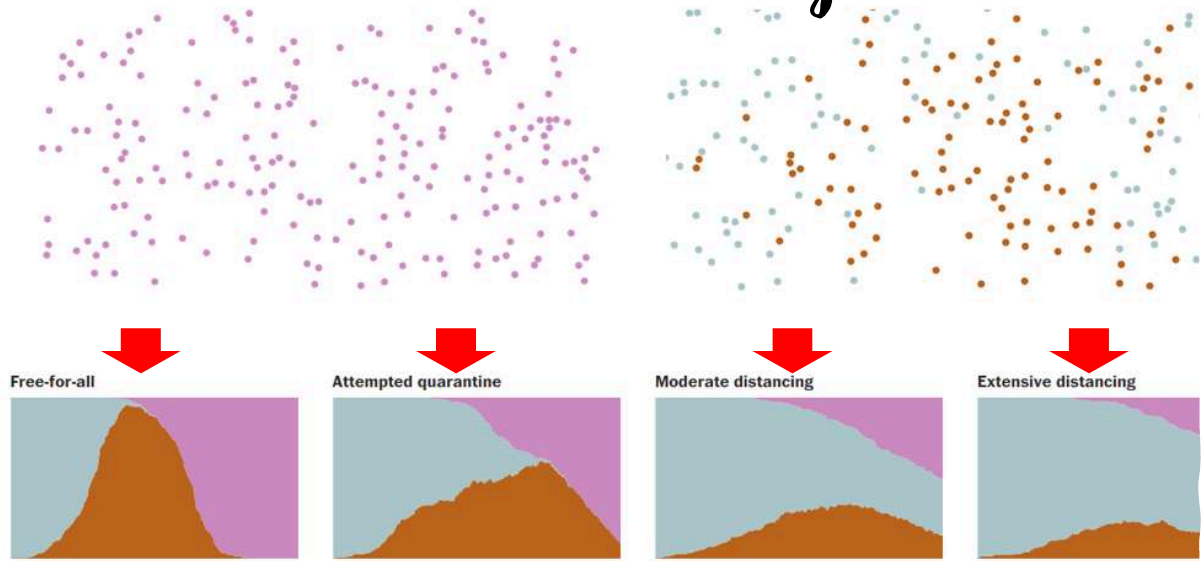


Fig.2 Simulation result from the Washington Post article; Why outbreaks like coronavirus spread exponentially, and how to “flatten the curve

23

## Oct 21, 2020



**Six Feet** is Not Enough...

**15 Minutes** is too long! 🕒

Oct 21-20 - CDC updated its definition emerging evidence that the virus could travel beyond 6 feet of an infected person

24

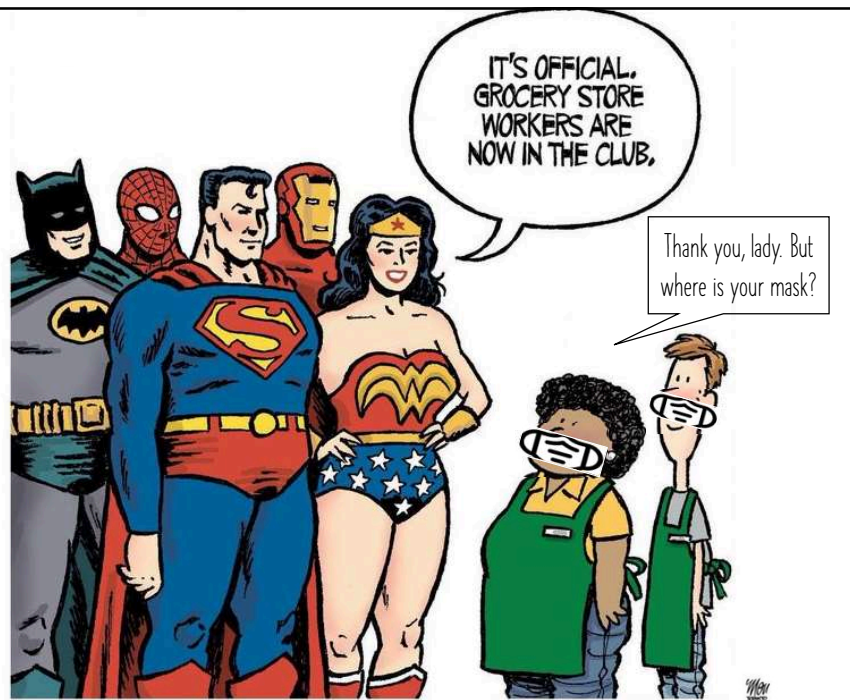
I am **Healthy**  
and I might not  
get very sick!



Image Source : Super Nurse' painted as an 'ode' to healthcare professionals around the world

25

Thank  
You



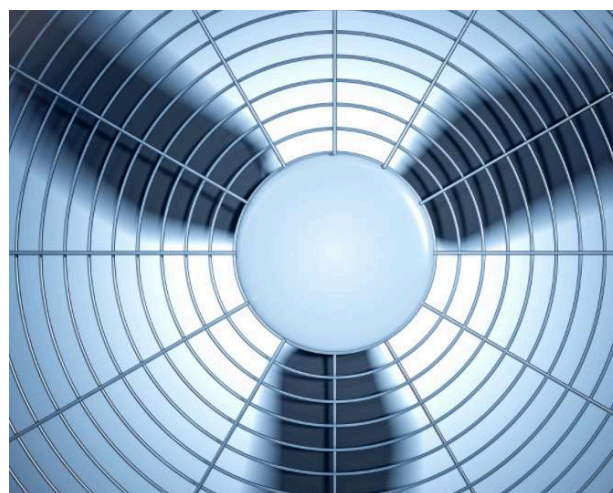
26



27

## HVAC Systems

- ✓ Deliver clean air
- ✓ Remove extra heat
- ✓ Remove humidity
- ✓ Remove contaminants



28

**90%**

Time, we spend indoors

**2 to 5** times

Concentrations of some pollutants than outdoors



29



30



## Cooking

represents one of the single largest contributors, generating particulate matter (PM2.5) at concentrations **four** times greater than major haze events in Beijing.

Source: The Kitchen as a pollution hazard, NY Times

31

VOCs levels or concentrations


# 1000

times higher indoors



32





**BRI**  
Building Related Illness

**SBS**  
Sick Building Syndrome

33



Symptoms of BRI can be directly attributed to **airborne** building contaminants

34



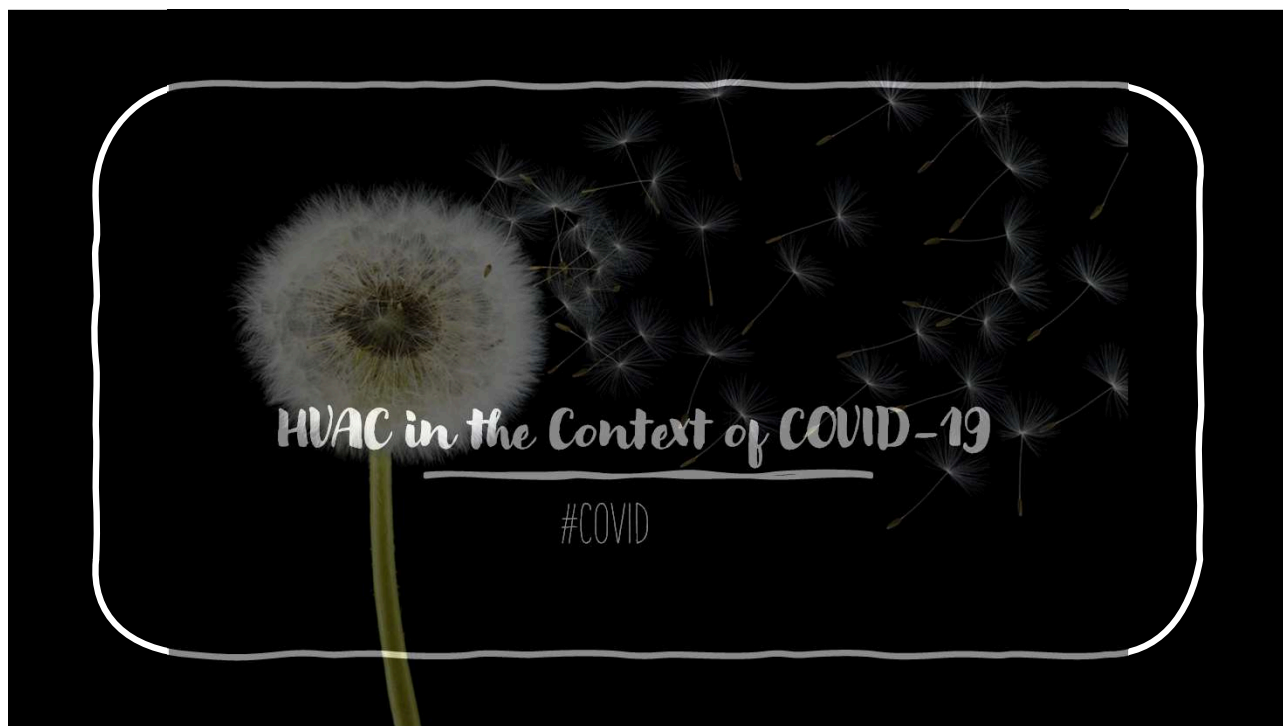
Although the symptoms of SBS can be linked to time spent in a building, no specific illness or cause can be identified

35



is recognized as an important factor influencing the transmission of airborne diseases

36

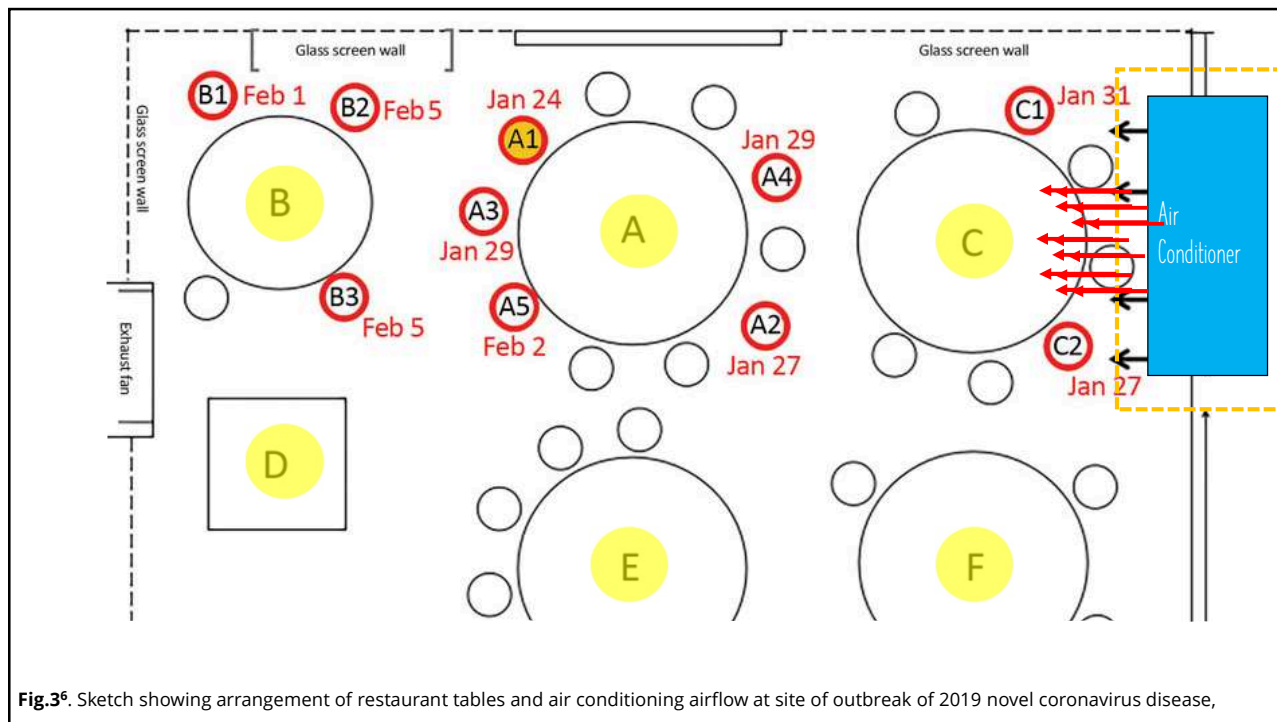


37

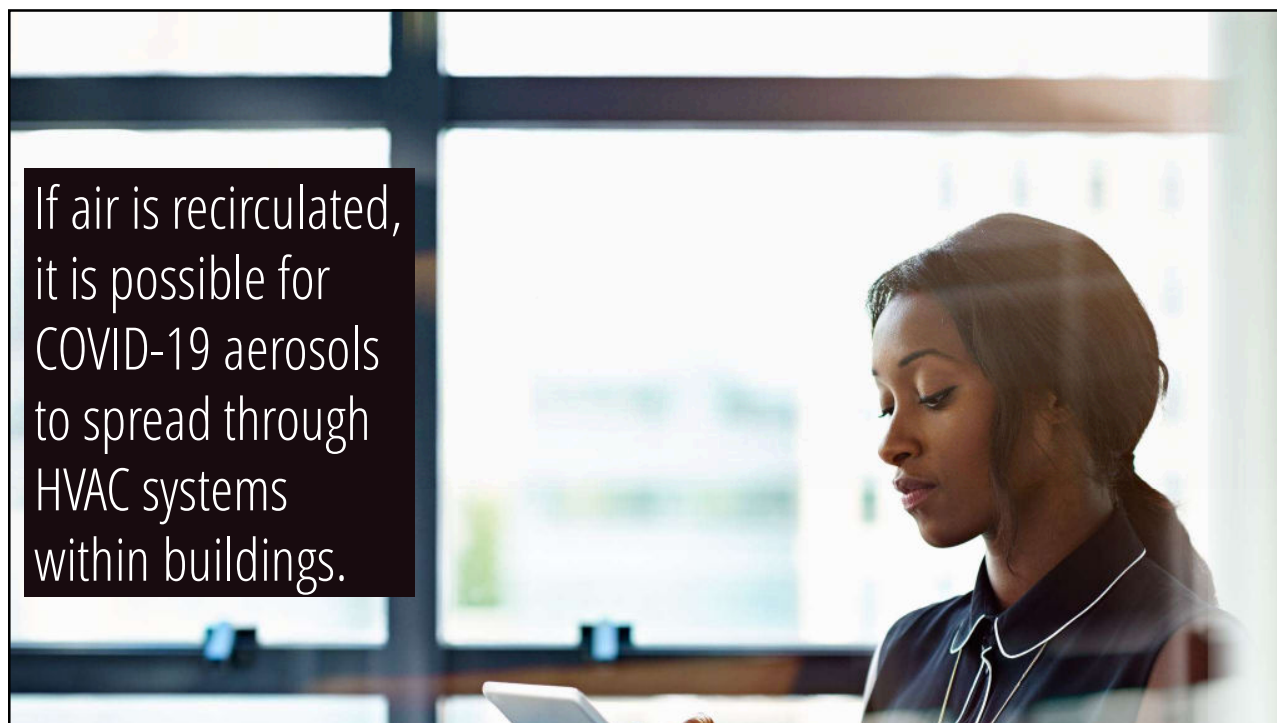
Sketch showing arrangement of  
restaurant tables and air conditioning  
airflow at site of outbreak of 2019 novel  
coronavirus disease



38



39



40

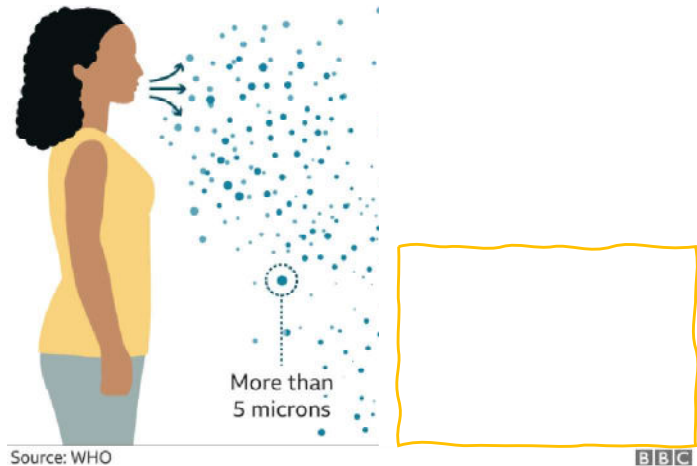
# Difference between droplet & airborne transmission

## Droplet transmission

Coughs and sneezes can spread droplets of saliva and mucus

## Airborne transmission

Tiny particles, possibly produced by talking, are suspended in the air for longer and travel further

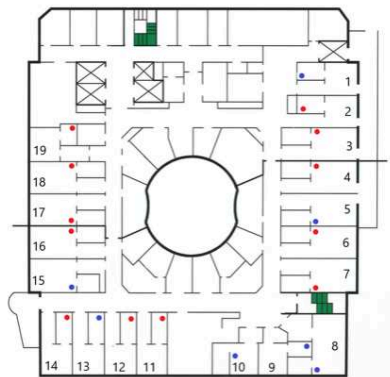


Source: WHO

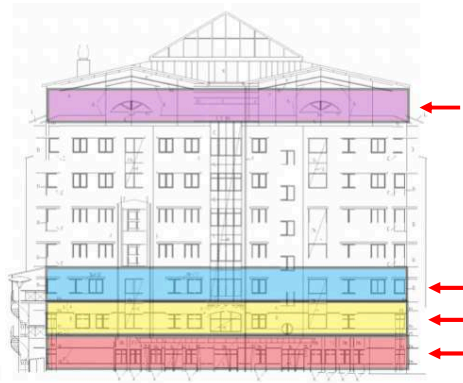
BBC

41

# Oct 29, 2020



Floor Plan



Elevation

Source: Long-distance airborne dispersal of SARS-CoV-2 in COVID-19 wards - Karolina Nissen, Janina Krambrich, Dario Akaberi, Tove Hoffman, Jiaxin Ling, Åke Lundkvist, Erik Salaneck

42

## Growing Evidence

- The virus can stay alive beyond 6 feet
- Airborne transmission is a route of infection.
- Aerosols can stay floating in the air for hours and can travel long distances

43



44

Online Booking & e-ticketing    Contactless Payment    Social Distancing    Distanced Seating    Face Covering

**We must be equipped with up-to-date HVAC strategies while operating our newly opened facilities**

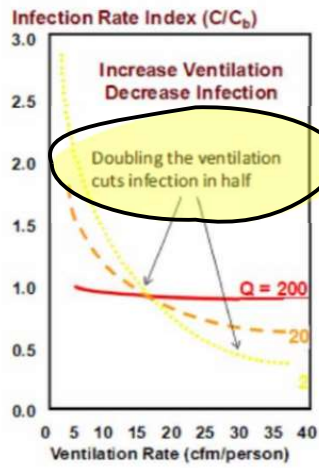
Hand Hygiene    Increased Cleaning    Safety Screens    Staggered Work times    Staff Training & PPE

45

***HVAC Operation Strategies***

*#Together-We-Will*

46



Ventilation Rate

Image Source - [Energy-Recovery-Best-Practices-During-a-Pandemic/Airchange.com](https://www.airchange.com/energy-recovery-best-practices-during-a-pandemic)

47

$$ACH = \frac{60Q}{Vol}$$

Q = CFM of your device  
Vol - Volume of your room

Air Change Per Hour

48



$$ACH = \frac{60Q}{Vol}$$

Q = CFM of your device  
Vol - Volume of your room

### Typical Air Changes Per Hour Table

Residential	
Basements	3-4
Bedrooms	5-6
Bathrooms	6-7
Family Living Rooms	6-8
Kitchens	7-8
Laundry	8-9
Light Commercial	
Offices	
Business Offices	6-8
Lunch Break Rooms	7-8
Conference Rooms	8-12
Medical Procedure Offices	9-10
Copy Rooms	10-12
Main Computer Rooms	10-14
Smoking Area	13-15
Restaurants	
Dining Area	8-10
Food Staging	10-12
Kitchens	14-18
Bars	15-20
Public Buildings	
Hallways	6-8
Retail Stores	6-10
Foyers	8-10
Churches	8-12
Restrooms	10-12
Auditoriums	12-14
Smoking Rooms	15-20



49

$$ACH = \frac{60Q}{Vol}$$

Q = CFM of your device  
Vol - Volume of your room

TABLE B.1. AIR CHANGES/HOUR (ACH) AND TIME REQUIRED FOR AIRBORNE-CONTAMINANT REMOVAL BY EFFICIENCY \*

ACH	TIME (MINS.) REQUIRED FOR REMOVAL 99% EFFICIENCY	TIME (MINS.) REQUIRED FOR REMOVAL 99.9% EFFICIENCY
2	138	207
4	69	104
6*	46	69
8	35	52
10*	28	41
12*	23	35
15*	18	28
20	14	21
50	6	8

Source: <https://www.cdc.gov/infectioncontrol/guidelines/environmental/appendix/air.html>

50

# Natural Ventilation

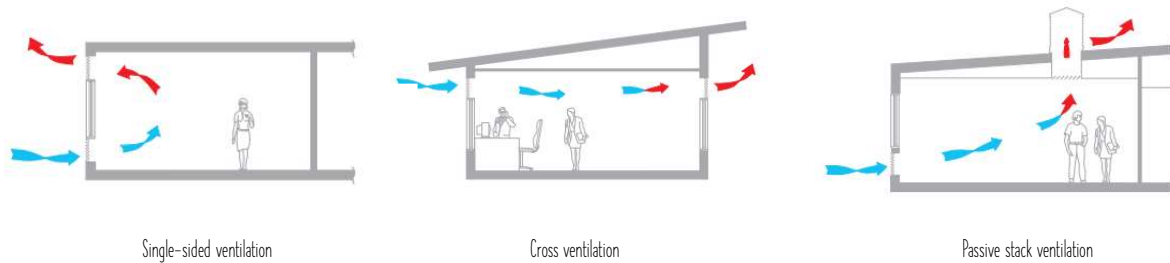


Image Source – stock pictures

51

ZIP Code, City, or State

Get air quality data where you live.  
Wildfire in your area? Visit AirNow's [Fire and Smoke Map](#).

Check Your Outside Air Quality

<https://www.airnow.gov/>

52

HVAC system control strategies can usually be modified to increase ventilation to a certain extent in the occupied zones.

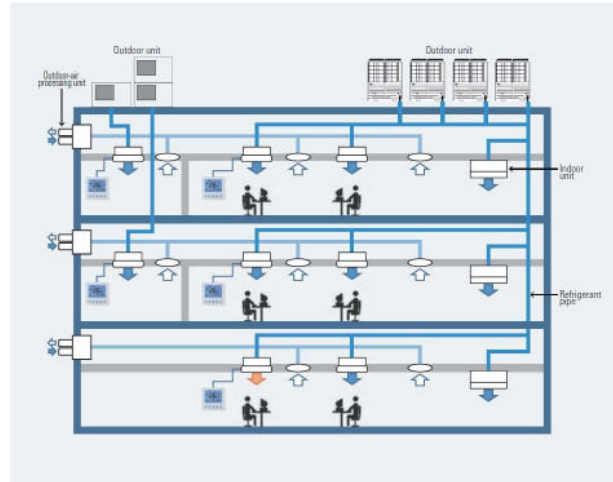


Image Source – [Renesas.com/individual-air-conditioning-system](https://www.renesas.com/individual-air-conditioning-system)

53

## Mixed Mode

- ✓ Window or Attic fans
- ✓ Full outside air when possible
- ✓ Open dampers fully to provide 100% outdoor air
- ✓ Natural ventilation when possible

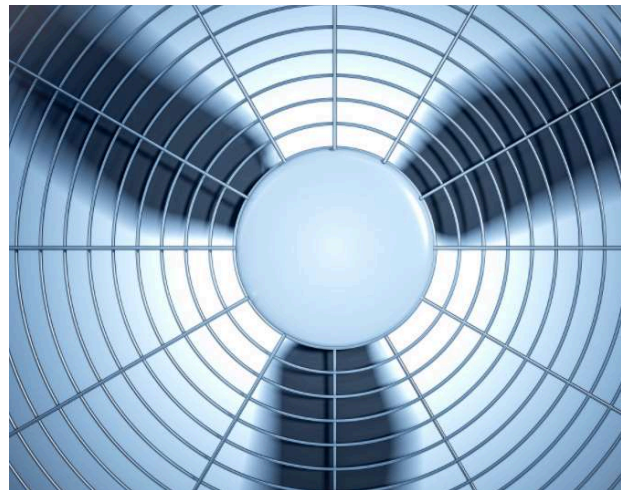


Image Source – stock pictures

54

Avoid air recirculation...

55

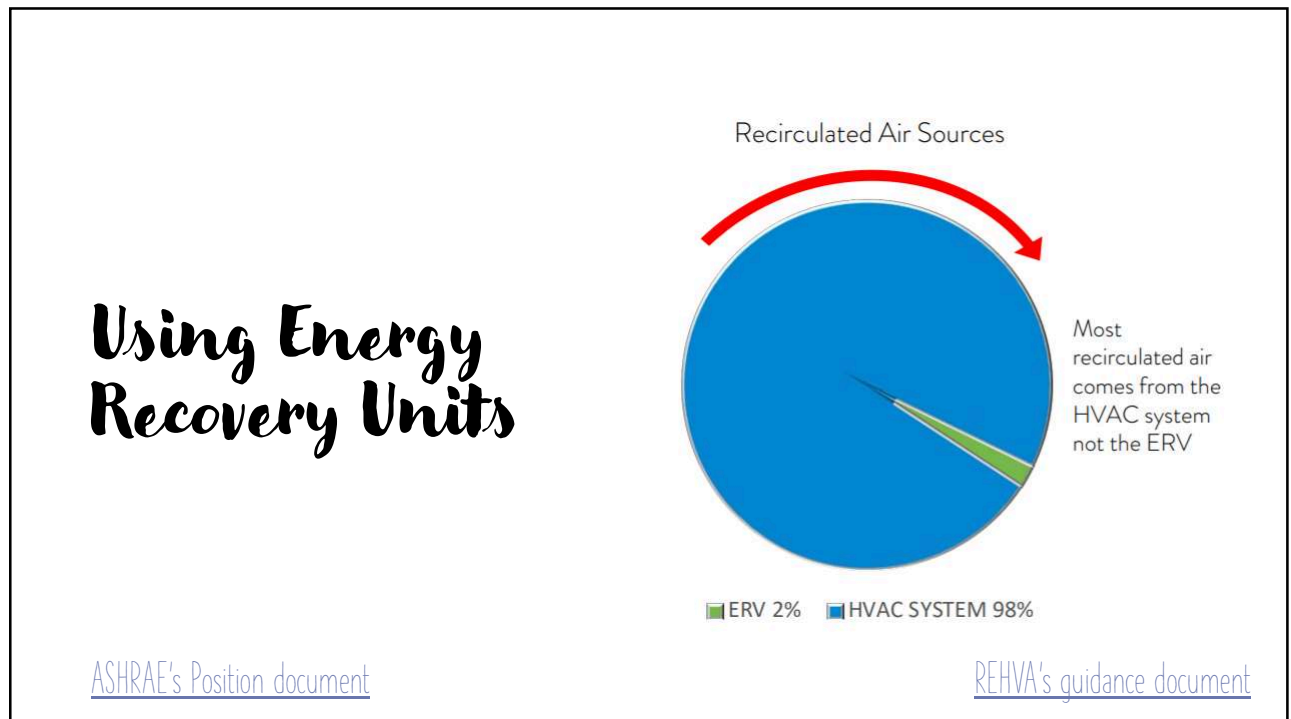
Maximizing outdoor air intake could become a costly  strategy...

56



Minimum outside air as required by  
ASHRAE Standard 62.1 with a filter with  
MERV-13

57



58



59

**90%**  
of schools in  
the U.S fail to  
meet  
minimum  
ventilation  
requirements

60



**SCHOOLS**

**+** **FOR HEALTH**

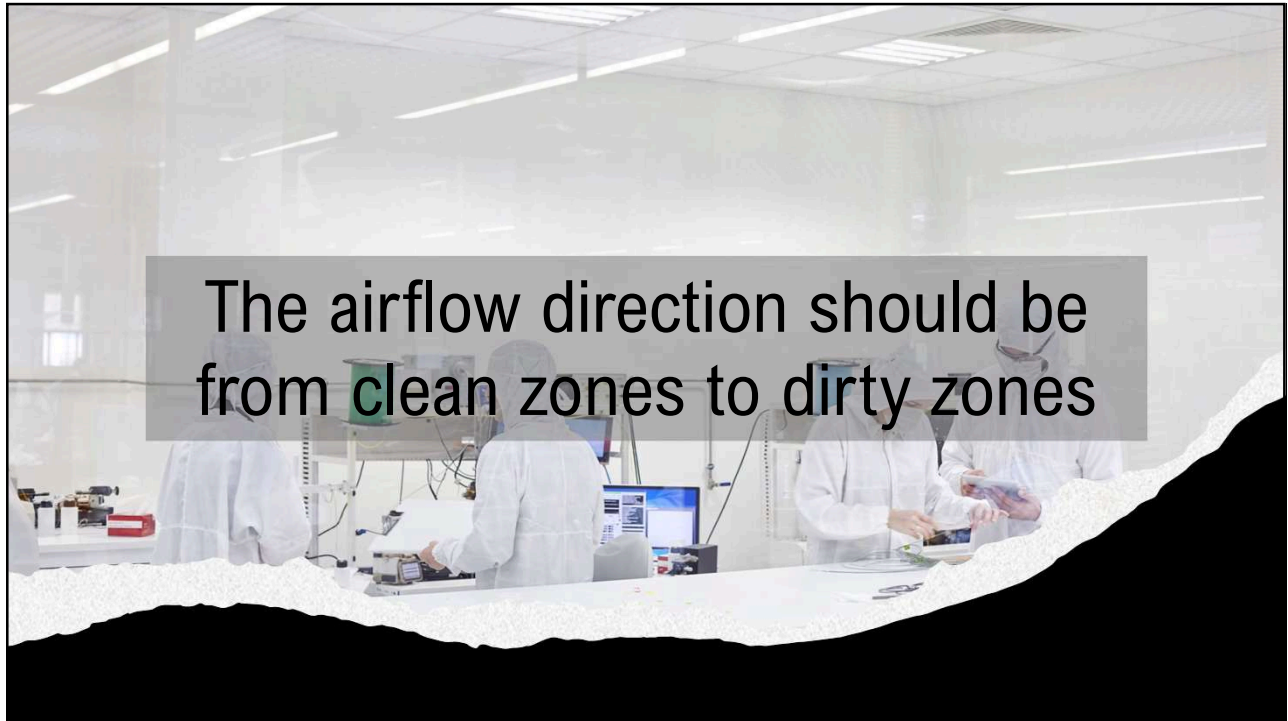
How School Buildings Influence  
Student Health, Thinking and  
Performance

 **HARVARD T.H. CHAN**  
SCHOOL OF PUBLIC HEALTH

61

*Airflow Direction*

62



The airflow direction should be from clean zones to dirty zones

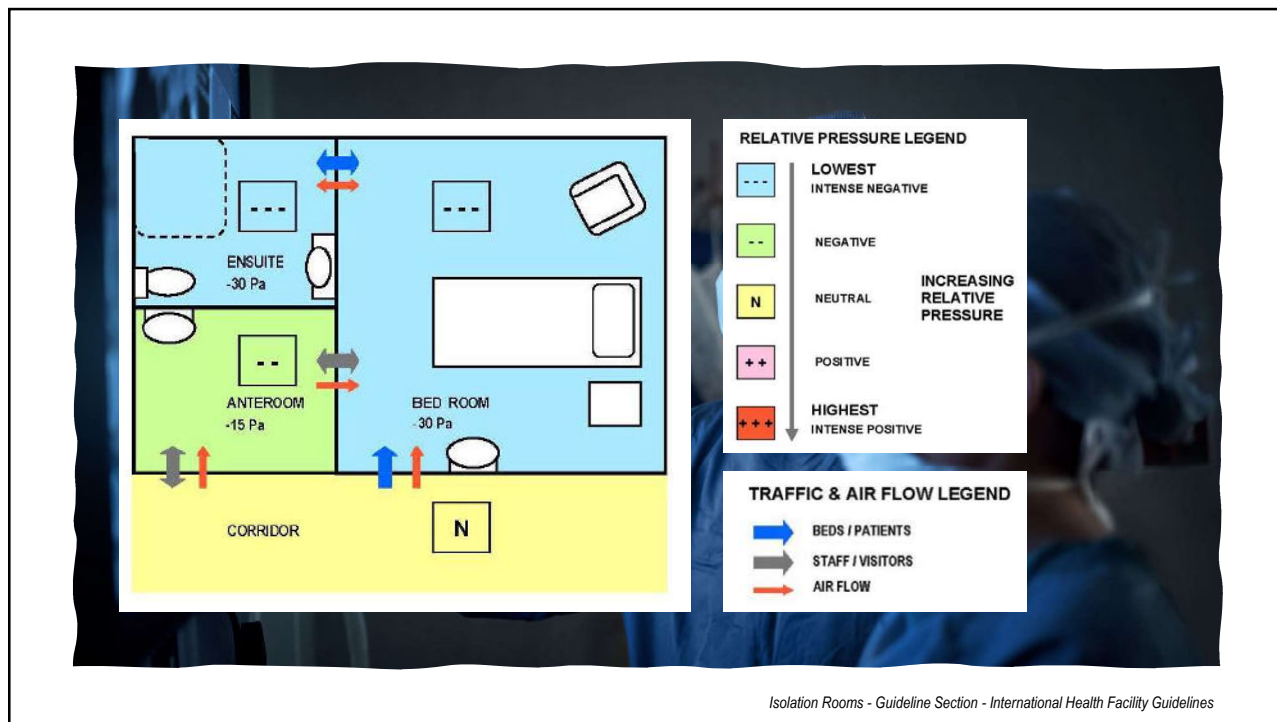
63



For isolation rooms, an adjacent vestibule/anteroom preserves pressure relationship

64





65

# Filtration

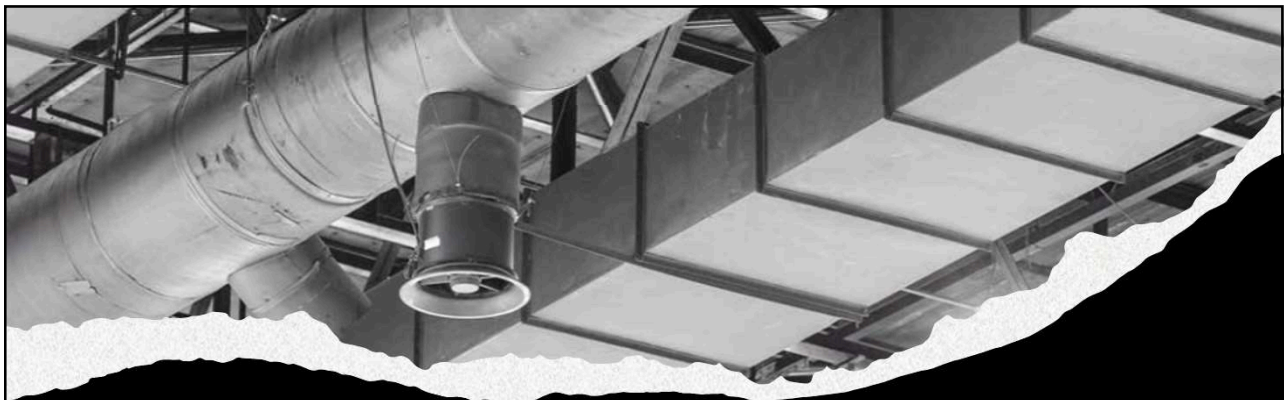
66

# Air Filters & Efficiency

CLASSIFICATION	Arrestance or Dust Spot Efficiency	US ASHRAE 52.2	European Union EN779 Class		Typical Controlled Contaminant	Application
PRE Filter (G Class)	AFI <65 %	MERV 1	G1	Am< 65%	Particle bigger than 10.0µm (Pollen) (Spanish moss) (Dust mites) (Sanding dust) (Spray paint dust) (Textile fibers)	Gross filter, domestic and commercial
	AFI 65%-70%	MERV 2	G2	65% ≤ Am< 80%		
	AFI 70%-75%	MERV 3				
	AFI 75%-80%	MERV 4				
	AFI 80%-85%	MERV 5	G3	80% ≤ Am<90%	Particle size within 3.0µm-10.0µm (Mold) (Spores) (Hair spray) (Cement dust) (Snuff) (Powdered milk)	Commercial, industrial, paint shop
	AFI 85%-90%	MERV 6				
	NBS 25%-30%	MERV 7	G4	90% ≤ Am		
	NBS 30%-35%	MERV 8				
MEDIUM Filter (F Class)	NBS 40%-45%	MERV 9	F5	40% ≤ Em< 60%	Particle Size within 1.0µm-3.0µm (Lent dust) (Milled flour) (Coal dust)	IAQ concerned commercial & industrial, medical
	NBS 50%-55%	MERV 10				
	NBS 60%-65%	MERV 11	F6	60% ≤ Em< 80%	(Auto emissions) (Nebulizer drop) (Welding fumes)	
	NBS 70%-75%	MERV 12				
	NBS 80%-85%	MERV 13	F7	80% ≤ Em< 90%	Particle size within 0.3µm-1.0µm (All bacteria) (cooking oil) (Most smoke) (Copier toner) (Most face powder) (Most paint pigments)	IAQ concerned commercial, industrial, medical, food etc
	NBS 90%-95%	MERV 14	F8	90% ≤ Em< 95%		
	NBS >95%	MERV 15	F9	95% ≤ Em		
		MERV 16				

1. AFI : American Filter Institute 8. Am : Average Arrestance Efficiency for Coarse Filters 2. NBS : National Bureau of Standards 9. Em : Average Efficiency for Fine Filters 3. ASHRAE : American Society of Heating Refrigerating & Air-conditioning Engineers 10. IEST : Institute of Environmental Sciences and Technology 4. MERV : Minimum Efficiency Reporting Value 5. MPPS : Most Penetrating Particle Size 6. HEPA : High Efficiency Particulate Air Filter 7. ULPA : Ultra Low Penetration Air Filter

67



Buildings should consider upgrading their HVAC systems to accommodate MERV 13 filters or use the highest MERV rating if upgrade is not viable

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# Air Filters & Efficiency

CLASSIFICATION	Mean Fractional Efficiency	IEST RP-CC001.3	European Union EN1822 Class		Typical Controlled Contaminant	Application
HEPA Filter (H Class)	≥ 95% at 0.3µm	n/a	H10	≥ 85% at MPPS	Particle size bigger than 0.3µm (Virus [unattached]) (Carbon dust) (Sea salt) (All combustion smoke) (Radon progeny)	All types of cleanrooms
	≥ 98% at 0.3µm		H11	≥ 95% at MPPS		
	≥ 99.97% at 0.3µm	TYPE A	H12	≥ 99.5% at MPPS		
	≥ 99.99% at 0.3µm	TYPE C				
	≥ 99.995% at 0.3µm					
≥ 99.999% at 0.3µm	TYPE D	H14	≥ 99.995% at MPPS			
ULPA Filter (U Class)	≥ 99.9995% at 0.12µm	TYPE F	U15	≥ 99.9995% at MPPS	Particle size bigger than 0.12µm	super cleanroom
	≥ 99.99995% at 0.12µm		U16	≥ 99.99995% at MPPS		
	≥ 99.999995% at 0.12µm		U17	≥ 99.999995% at MPPS		

69

# Air Filters & Efficiency

Smallest Particles

MERV Rating	Air Filter will trap Air Particles size .3 to 1.0 microns	Air Filter will trap Air Particles size 1.0 to 3.0 microns	Air Filter will trap Air Particles size 3 to 10 microns	Filter Type ~ Removes These Particles
MERV 1	< 20%	< 20%	< 20%	Fiberglass & Aluminum Mesh ~ Pollen, Dust Mites, Spray Paint, Carpet Fibres
MERV 2	< 20%	< 20%	< 20%	
MERV 3	< 20%	< 20%	< 20%	
MERV 4	< 20%	< 20%	< 20%	
MERV 5	< 20%	< 20%	20% - 34%	Cheap Disposable Filters ~
MERV 6	< 20%	< 20%	35% - 49%	
MERV 7	< 20%	< 20%	50% - 69%	Mold Spores, Cooking Dusts, Hair Spray, Furniture Polish
MERV 8	< 20%	< 20%	70% - 85%	
MERV 9	< 20%	Less than 50%	85% or Better	Better Home Box Filters ~
MERV10	< 20%	50% to 64%	85% or Better	
MERV 11	< 20%	65% - 79%	85% or Better	Lead Dust, Flour, Auto Fumes, Welding Fumes
MERV 12	< 20%	80% - 90%	90% or Better	
MERV 13	Less than 75%	90% or Better	90% or Better	Superior Commercial Filters ~
MERV 14	75% - 84%	90% or Better	90% or Better	
MERV 15	85% - 94%	95% or Better	90% or Better	Bacteria, Smoke, Sneezes  HEPA & ULPA ~ Viruses, Carbon Dust, <.30 pm
MERV 16	95% or Better	95% or Better	90% or Better	
HEPA & ULPA Filters	99.97%	99% or Better	99% or Better	
	99.997%	99% or Better	99% or Better	
	99.9997%	99% or Better	99% or Better	

Image Source - Lakeair/<https://www.lakeair.com/merv-rating-explanation/>

70

# Portable Air Cleaners

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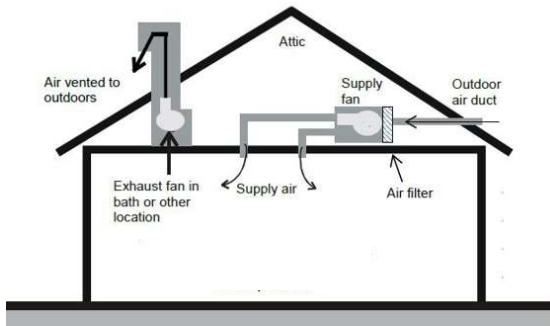
71

By **themselves**, portable air cleaners and HVAC filters are **not enough** to protect people from the virus that causes COVID-19.



72

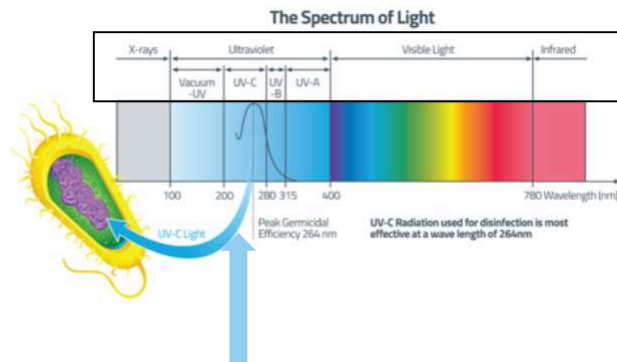
# Exhaust fan



Commercial Exhaust Fan

73

# Ultraviolet (UV) germicidal irradiation (UVGI)



74



# Science and Technology

## SARS-CoV-2 Airborne Decay Calculator

UV Index:  0 10

Temperature:  50 86

Relative Humidity:  20 70

COVID Stability:

% Virus Decay	Minutes	Hours
50% (half-life):	5.16	0.09
90%:	17.14	0.29
99%:	34.28	0.57

<https://www.dhs.gov/science-and-technology/sars-airborne-calculator>

75



# Science and Technology

## SARS-CoV-2 Airborne Decay Calculator

UV Index:  0 10

Temperature:  50 86

Relative Humidity:  20 70

COVID Stability:

% Virus Decay	Minutes	Hours
50% (half-life):	3.59	0.06
90%:	11.92	0.20
99%:	23.84	0.40

<https://www.dhs.gov/science-and-technology/sars-airborne-calculator>

76

# Applications

- ✓ Upper-air disinfection
- ✓ In-duct air disinfection
- ✓ Duct surface disinfection
- ✓ Room decontamination

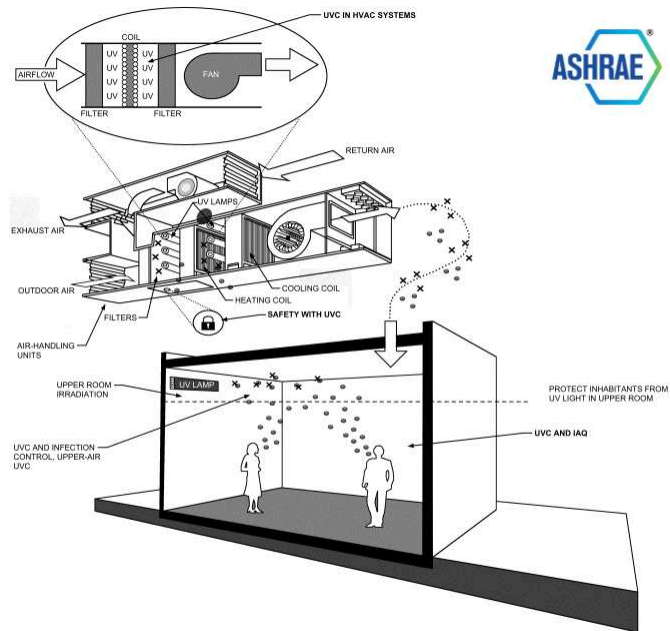


Fig. 1 Potential Applications of UVC to Control Microorganisms in Air and on Surfaces (ASHRAE 2009)

77



78



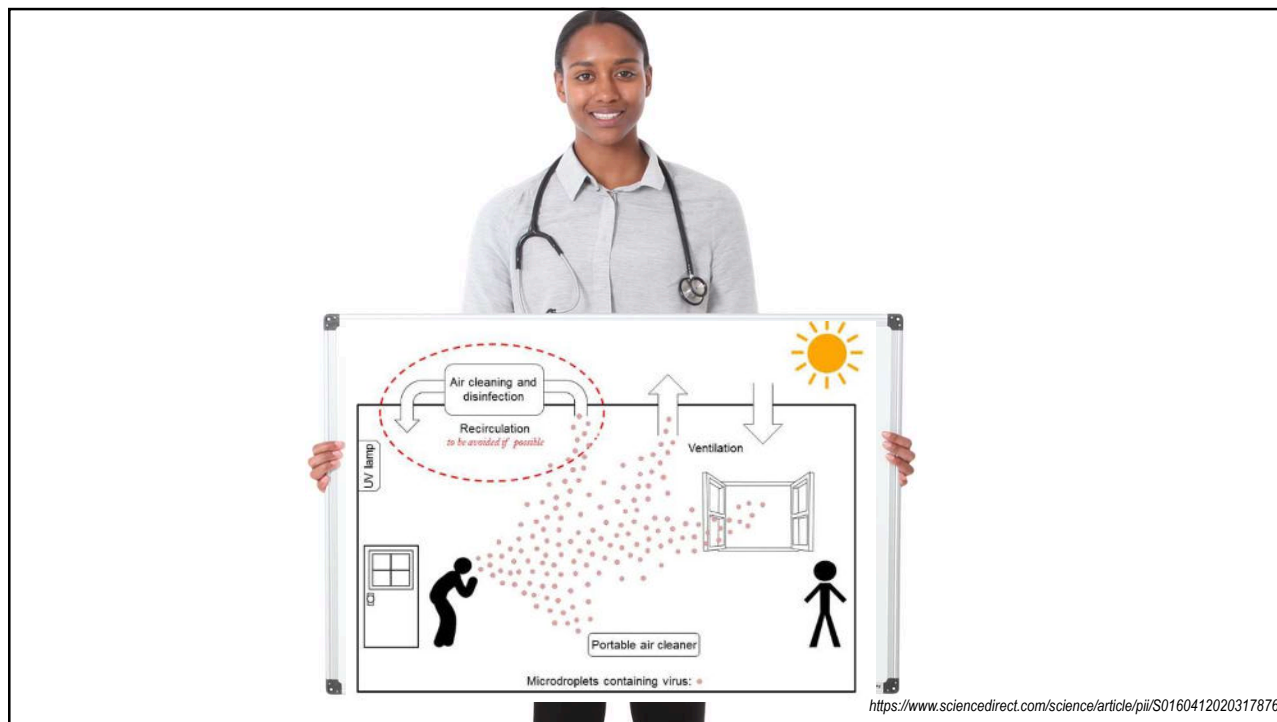
79

## What Can We Do NOW? Act Personally!

- Wear masks *for sure*
- Avoid Crowded places
- Social Distancing
- Support your local businesses
- Volunteer when possible

80





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*The New York Times*

## ***Pfizer's Early Data Shows Vaccine Is More Than 90% Effective***

Pfizer announced positive early results from its coronavirus vaccine trial, cementing the lead in a frenzied global race that has unfolded at record-breaking speed.



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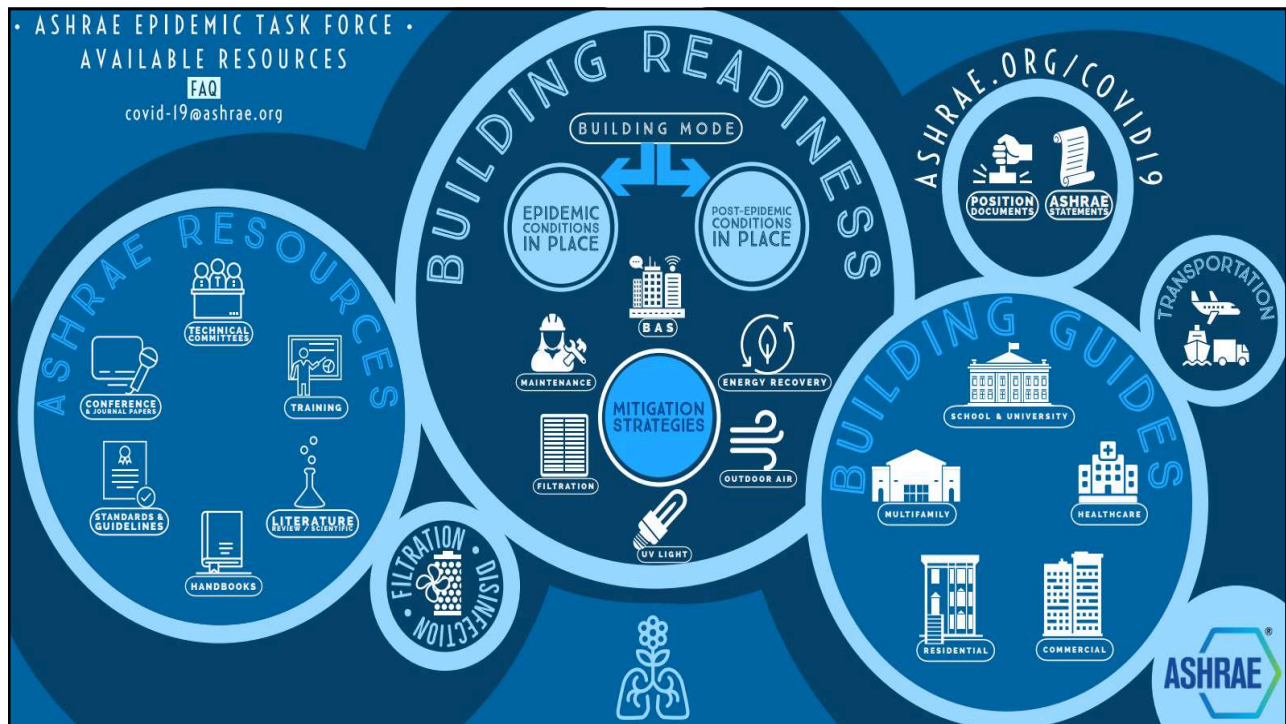
*Resource guide from Industry leaders and  
Professional Organizations*

*#Together-We-Will*

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ASHRAE

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• **ASHRAE leadership has approved the following two statements regarding transmission of SARS-CoV-2 and the operation of HVAC systems during the COVID-19 pandemic.**

- Transmission of SARS-CoV-2 through the air is sufficiently likely that airborne exposure to the virus should be controlled. Changes to building operations, including the operation of heating, ventilating, and air-conditioning systems, can reduce airborne exposures.
- Ventilation and filtration provided by heating, ventilating, and air-conditioning systems can reduce the airborne concentration of SARS-CoV-2 and thus the risk of transmission through the air. Unconditioned spaces can cause thermal stress to people that may be directly life threatening and that may also lower resistance to infection. In general, disabling of heating, ventilating, and air-conditioning systems is not a recommended measure to reduce the transmission of the virus.

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# REHVA & CIBSE

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# USGBC

## Healthy Economy Strategy

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### LEED Pilot Credits

The pilot credits outline sustainable best practices that align with public health and industry guidelines related to cleaning and disinfecting, workplace re-occupancy, HVAC and plumbing operations.

- Safety First: Cleaning and Disinfecting Your Space credit
- Safety First: Re-enter Your Workspace credit
- Safety First: Building Water System Recommissioning credit
- Safety First: Managing Indoor Air Quality During COVID-19 credit
- Safety First: Pandemic Planning credit
- Safety First: Social Equity in Pandemic Planning credit

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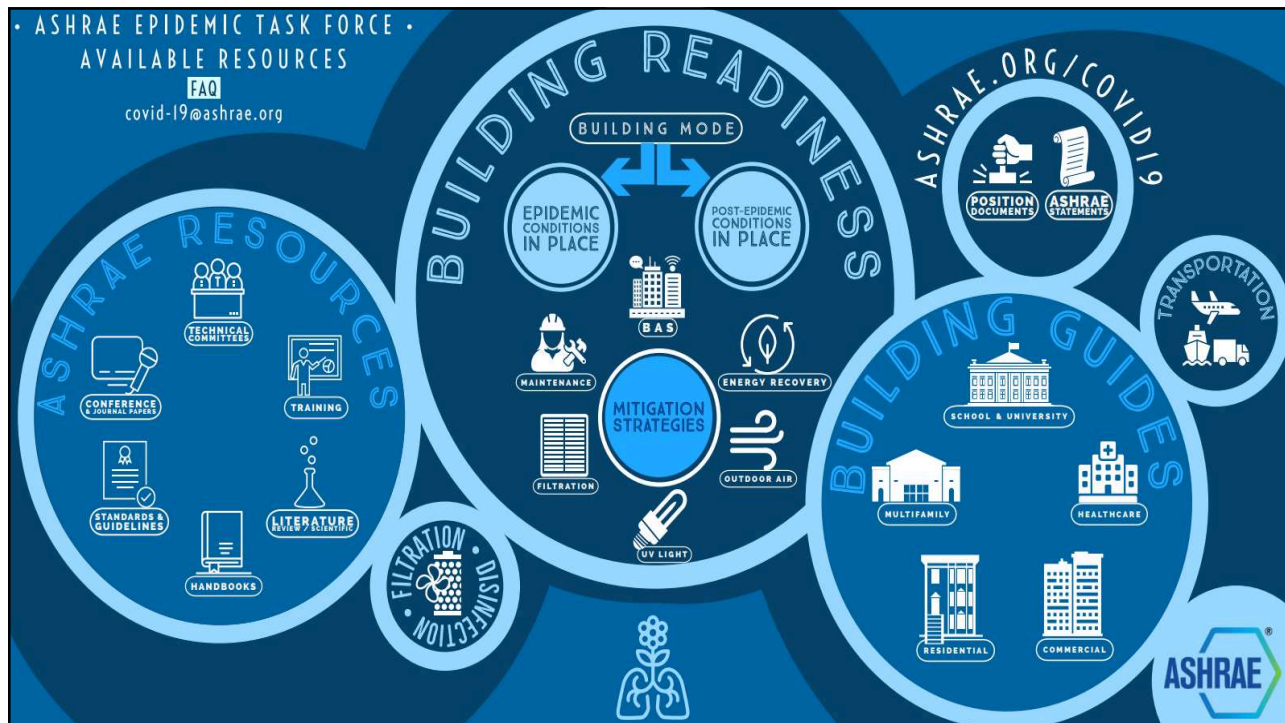
**SCHOOLS**

**FOR HEALTH**

How School Buildings Influence Student Health, Thinking and Performance

 **HARVARD T.H. CHAN**  
SCHOOL OF PUBLIC HEALTH

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